



# Nour Ghassan Al Arja

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in Nour Arja

## Objective

Find a job with a full or part-time at intensive care unit (ICU), recovery room, or any unit in hospital to practice nursing in order to give the best accepted of my work experiences, making help and communication relationships in order to increase my skills at work.

## Experience

- Ozone medical clinic** 5/8/2023 - 21/7/2024  
Nurse  
I work in laser departement and  
I have experience in hydrafacial and derma and dental
- SAUDI ITALY DENTAL CENTRE** 21/8/2021 - 2/8/2023  
Dental nurse
  - Greeting clients
  - Preparing the work area for patient treatment
  - Preparing dental materials and instruments
  - Assisting the dentist during patient treatment
  - Cleaning and sterilizing dental instruments
  - Disinfecting the work area and taking care of material used during treatment (instrument reprocessing)
  - Managing the clinic's appointments diary
  - Performing clerical and administrative duties
- kheir Hospital** 1/8/2018 - 17/5/2021  
Register nurse (RN) in unit intensive care
  - Exercise first aid: cardiac massage, airway release by secretion aspiration, Oxygenation (either by oxygen goggles, oxygen mask, CPAP or respirator), poses an infusion, blood test (arterial or venous), makes a bandage wounds or bedsores,treatment admnitrations (either intrtravaeious, intramuscular, electrical, oral), make an electrocardiogram, preparation of necessary equipment (i.e. for a central catheter, suture, tracheotomy, drain chest, abdominal puncture..)
  - Monitor vital parameters (blood pressure, pulse, temperature, breathing, saturation) and blood sugar.
  - Patient monitoring: monitoring (ECG, vital signs), post-operative...
  - Blood test either by vein (biological balances) or arterial (blood gas).
  - Do basic biological tests: NFS, glucose, urea, creatinine,CRP, electrolytes, TP,TCA, troponine,CPK, CPK-MB...
  - All-way treatment administration (oral, intravenous, intramuscular,under-cut, electric syringe)
  - Preparing materials to put a folly probe, nasogastric probe, tracheotomy, chest drain, suture, ascite puncture).
  - Management of medical teams: disinfection and sterilization.
  - Make a bath in bed for the patient.
  - Make a dressing to the wound or bedsore.

- **Dar Al Chifae Hospital in tripoli, Northern Lebanon**  
Nurse in recovery room  
- Verification of preoperative preparations when welcoming patients to the block ward (name, biological balance sheets, infusions, site of the operation).  
- Put the patient on the monitor and the position corresponding to the operation.  
- Patient monitoring (vital signs, patient condition) during and postoperative.  
- Preparing materials that correspond to each operation.  
- Preparation of the necessary treatments for anesthesia.  
- Management of disinfection and sterilization of equipment.
- **Minieh** 2019 - 2020  
Home care  
- Doing the bathing in bed,  
- Changing the dressing to any type of wounds  
- Administration of urinary probes  
- Administration of infusion, naso gastric  
- Taking of blood test
- **Orange Naso Hospital, Rahme and Albert haykel** 2014 - 2015  
Training  
-At Orange Naso Hospital, my internship was in the dialysis department  
-At Rahme Hospital, my internship was in the medical and resuscitation department.  
-At the Albert Haykel Hospital, my internship was in the one-day surgery and operation department.
- **Dar Al Chifae Hospital** 2017 - 2018  
Training  
-At Dar Al Chifae Hospital, I do my responsibility internship in the Operating Block department.
- **Maan Youssef Hospital, Mazloun, Monla and Nini** 2015 - 2016  
Training  
-At Maan Youssef Hospital, I do my internship in the operating theatre, maternity and surgery department.  
-At Mazloun Hospital, I do my internship in the operating theatre, surgery and operation of a single Day.  
-At Monla Hospital, I do my internship in the maternity and CCU .  
-At Nini Hospital, I do my internship surgery, cardio and resuscitation.
- **Dar Al Chifae and Islamic Hospital** 2016 - 2017  
Training  
-At the Dar Al chifae hospital, my internship was in the surgery department and operating theatre.  
-At the Islamic Hospital, my internship was in the chemotherapy and surgery and preoperative department.

## Education

- **Faculté de santé Publique section 3** 2018  
Sciences infirmiers  
GPA 61,01
- **Collège National** 2014  
Student  
Successful

## Skills

- Registered Nurse
- Basic Life support (BLS)
- Infection Control
- Patient Assessment
- Patient transportation
- Recording vitals

- Team work
- First aid /CPR
- Pharmacology
- Wound care
- Medicine administration
- Communication

## Projects

- **FORMATION CONTINUE**
  - Infection prevention and control training for health care workers covid patients -19 on February 2020 at the Chamber of Industry and Commerce in by the president of the association of nurses in liban Dr . Myrna Abi Abdallah Mr. Doumit.
  - Health Care Management and Practice Overview Training Friday and Saturday 11-12,2019 at the University of Arab Beirut by Dr. Nissrine Bissar Director of Health.
  - Training on the prevention and control of care-associated infections Saturday, May 14, 2016 and Saturday, May 20, 2017 at the Safadi Cultural Center by Haykel MDme Hospital Director of Nursing Christine Sweif.
  - Training on the right to education, health and protection as a means of global social inclusion on 4 April 2019 at the Rahma centre director Mdme Rola Tout.
  - Training on the practical approach to maternal and neonatal care management Pain Management Training on November 17, 2018 at the Cultural Centre by Dr. Nabil Mohsen.
  - Training on the practical approach to maternal and neonatal care management on 6 May 2017 by the Faculty of Public Health Section 3 and The Orange Hospital Naso.
- **ACADEMIC TRAINING**
  - BLS provider diploma (life and basic support) by American Heart Association on September 17, 2019 at Haykel Hospital.

## Personal Details

- Date of Birth : 27/2/1996
- Marital Status : Single
- Nationality : Lebanese

## Reference

- **Lara Ismail - "Kheir Hospital "**  
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- **Rouba Harb - "Faculty of public health section 3( university)"**  
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